

Why ConSet has chosen not to offer digital memory controls

“Your Next Height Is the Best Height”

Over the past decade numerous research studies have shown that working from a sitting position for extended periods of time is clearly detrimental to your health thus proving the benefits of using electric height adjustable desks.

Conclusions all point to the fact that changing between a sitting and standing position throughout your day provides clear health benefits and that while sitting smaller incremental changes also have clear health benefits. There is no perfect set height that an individual should remain at. Your body tells you to move throughout the day and you should listen to your body not a number. Additionally people wear different shoes on different days with different heel heights and some ergonomic floor mats can add nearly 2-1/2 inches to your standing height shifting your body slightly but continuously as you work. ConSet believes in what more and more ergonomists believe that “Your next height is your best height”. ConSet offers different control panel options but never digital panels that show heights and have memory setting options. This is inconsistent with the philosophy of “Your next height is your best height” and as well they add unnecessary cost.

Simplicity

ConSet’s philosophy is to keep it simple and make affordable electric height adjustable desks that can be used by everyone. They should be easy to assemble and operate and have uncomplicated systems that are not prone to failure. You should be in control of the height of your desk whether you’re sitting or standing all day long everyday.